

ABSTRACT OF THE DISCLOSURE

Disclosed is a tilt controlling method and apparatus in which an REEE signal track at a point where an RF signal is the maximum or an RE signal track at a point where a jitter is the minimum is detected as a tilt control signal to induct a DC component according to the disk shape and an AC component according to the surface vibration of the disk. Further, the fact is used that an RF envelope has ~~the~~ a maximum value when the disk is parallel to an object lens or there is no tilt. Thus, in a tilt initialization step, a tilt track as the RF Max. is obtained for one rotation and the central potential of this track is set as a tilt control reference voltage, and when the RF envelope becomes a phase corresponding to a condition of a controller or a differential value of the RF envelope in the tilt window signal becomes a desired phase, tilt control is started so that the RF envelope always has the maximum value.